

Exclusion reason	No.	Reference
Same exercise therapy	127	(1–127)
Conference abstracts, commentaries, supplementary documents, and protocols	74	(128–201)
Nonrandomised trial design	35	(202–236)
Population already included	35	(237–271)
Mixed orthopaedic population	29	(272–300)
Pilot / Feasibility study	22	(301–322)
Published before 2000	20	(323–342)
Population with UKA	3	(343–345)
Retracted	1	(346)

Appendix 3 - Reasons and citations to reports excluded during full text screening

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