

ROBERT HANSON, VARBERG:

OPERATIVE TREATMENT OF A CASE OF
LUXATIO HABITUALIS TEND. PERONEAL. BILAT.
(Demonstration).

Robert Hanson demonstrated a girl of 15 years, whom he had operated upon for this lesion, one year ago. Since the age of 4—5 years, she had wricked both her ankles very readily. The past 3—4 years the peroneal tendons would very readily slide over the lateral malleoli. Last year, this trouble had been so severe that she was not able to attend the class in gymnastics, and it was very hard for her to walk to school and home, as the tendons would readily slide forward over the malleolus if she happened to step on a stone or something of the kind. Often she would have to put the tendons back in their place with her fingers; and she was nearly always troubled with pains and swelling around the tendon sheaths. The operation method employed on both sides was periosteoplasty. A flap of the periosteum was loosened from the lower part of the fibula and brought down over the reposed tendons; an incision was made through the periost of the calcaneus, below the middle of this bone and a little back of the lateral malleolus; a flap of the periosteum below this incision was loosened from the calcaneus and sutured to the flap of fibular periost, with its formerly fibular surface turned outward.

After the operation, circular plaster cast in middle position for 2 weeks; then plaster splint for 3 weeks more. Now the patient is perfectly free of symptoms, and once more she is able to take part in the gymnastic exercises.