

A SIMPLE INSTRUMENT FOR A MODIFIED BANKART'S
OPERATION FOR RECURRENT DISLOCATION
OF THE SHOULDER

BY

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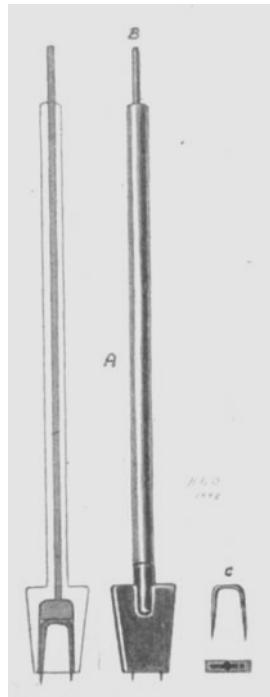
The most difficult and time-consuming part of *Bankart's* operation for recurrent dislocation of the shoulder is to drill the holes in the anterior margin of the glenoid and to stitch the capsule.

Many orthopaedic surgeons have avoided this difficulty by fixing the capsule with staples or nails, and instruments for this purpose have been invented.

Visitors to our hospital have found the instrument I have used most simple and have encouraged me to publish it.

It is made to my drawings by Mr. Haut in our hospital workshop. The instrument consists of a spade-shaped holder (A) within which is a rod and piston (B). The staple (C), made of stainless steel, is placed in the spade-end of the holder so that its points are just free enough to hold the capsule in situ before hammering. (The legs of the staple can be spread if necessary to fix it firmly in the holder). When the rod is hammered completely into the holder the distal end of the piston is flush with the lower end of the holder and the staple is in position in the bone. The holder is 18 cm. long, the staple is 1 cm. wide.

I should like to thank Dr. *K. K. Ortmann* for his drawing of the instrument.



RESUME

Démonstration d'un instrument de construction très simple pour l'enfoncement d'un crampon destiné à fixer la partie antérieure de la capsule de l'épaule au margo glénoïde dans l'opération modifiée de *Bankart* pour luxation habituelle antérieure de l'épaule.

ZUSAMMENFASSUNG

Demonstration eines einfachen Instruments zum Einhammern einer Krampe zur Fixierung des vorderen Teils der Schultergelenkkapsel an den Margo glenoidalis bei einer modifizierten *Bankart'schen* Operation wegen habitueller vorderer Schulterluxation.