

Editorial

How I do it articles

During recent years, it has become evident that scientific journals should include more articles focused on practical, patient-related problems.

Acta Orthopaedica Scandinavica has certainly not neglected the clinical practice of orthopedics. Rather, our clinically oriented articles, based on the Scandinavian tradition, usually present patient series unique in their length and thoroughness of follow-up. Moreover, in review articles and editorials we have stressed the scientific basis of clinical practice. Nevertheless, we have been negligent in terms of concrete, down-to-earth interpretation of what these lofty principles mean in the daily practice of orthopedics.

These problems have been discussed at our recent Editors' Meeting, and we agreed that our journal should now provide more articles which are clearly oriented towards handling of individual patients. Indeed, we have to face the fact that a substantial number of our subscribers do not see themselves only as warriors in the battle to eventually prevent fractures in the elderly or isolate the gene for arthrosis.

These *How I do it* articles, referring to common clinical problems, are written by experts in the field. They include a short survey of the problem, a discussion of various treatments and, finally, a description of the author's treatment and the reasons why he has chosen that specific treatment.