

Poor reproducibility of classification of proximal humeral fractures

Additional CT of minor value

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Fractures of the proximal humerus can be described using the Neer and AO fracture classifications. To assess the reproducibility and reliability of these classifications, we investigated 26 proximal humeral fractures with both plain radiographs and CT. 5 specialists in orthopedic surgery and 5 specialists in radiology independently classified all radiographs on 2 occasions. There was a moderate agreement between the observers when using the Neer classification, but only a fair agreement with the AO classification. The Neer system had a kappa value of 0.42 and the AO had a value of 0.31 in the first assessment. In

the second assessment the kappa values were 0.45 and 0.30, respectively. Intraobserver reproducibility was slight to almost perfect agreement with Neer (kappa range 0.20–0.85) and slight to moderate agreement with AO (kappa range 0.16–0.60). The observers most familiar with shoulder fracture radiographs and shoulder fracture treatment were more consistent in their classifications.

We conclude that even with CT, the fracture classifications of Neer and AO have a low consistency. Neither classification system is reproducible enough to allow comparisons of different studies.

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Most 2-part fractures of the proximal humerus are not operated on (Neer 1970a). The outcome of closed treatment of 3-part fractures varies (Leyshon 1984), but the outcome is generally poor for 4-part fractures (Stableforth 1984, Neer 1970b), although this has been disputed by some (Kristiansen and Christensen 1987, Rasmussen et al. 1992, Zyto et al. 1995). Avascular necrosis of the humeral head after 4-part fractures could be a contributing factor to the inferior results (Lee and Hansen 1981). There is a specific type of displaced 4-part fracture with a valgus impaction of the humeral head, where the incidence of avascular necrosis is reduced and the outcome is more favorable (Jakob et al. 1991).

Therefore, fractures should be evaluated in detail to plan the treatment and evaluate the outcome. There are two classification systems: the Neer (1970a) and the AO (Müller et al. 1990). It has been shown for both Neer and AO classifications that even shoulder surgeons find it difficult to categorize fractures with plain radiographs (Kristiansen et al. 1988, Sieberock and Gerber 1993, Sidor et al. 1993, Brien et al. 1995).

We evaluated whether CT could improve the reproducibility of classification of proximal humeral fractures.

Patients and methods

26 consecutive patients admitted to our hospital for proximal humeral fractures were examined by CT in addition to conventional radiography. The radiographs comprised one 45° angulated anteroposterior (AP) view and one scapular (Y) view. The CT examinations were performed with a Philips helical SR 7000 scan or a Siemens DRH scanner. Multiple CT scans were printed on plain films.

5 specialists in orthopedics and 5 specialists in radiology independently reviewed all cases. Each examiner was given a written description and drawings of the Neer (as modified by Sidor et al. 1993) and AO (Müller et al. 1990) classifications. Each examiner had access to a ruler and a goniometer. The conventional radiographs were analyzed together with the CT scans in each case.

With use of the Neer system, each fracture was classified as type 1 through 16. For statistical evaluation, the 16 categories in the Neer classification were reduced to 6: one-part fractures (type 1), two-part fractures (types 2–5), three-part fractures (types 8 and 9), four-part fractures (type 12), fracture-dislocations (types 6, 7, 10, 11, 13, and 14) and articular surface

Table 1. Intraobserver reproducibility after two reviews of 26 fractures, classified according to Neer and AO 2 months apart

	Kappa value	
	Neer	AO
<i>Orthopedic surgeon</i>		
Reconstructive surgeon	0.20	0.16
Traumatologist	0.59	0.33
Shoulder specialist	0.65	0.39
Shoulder specialist	0.85	0.42
Shoulder specialist	0.71	0.54
<i>Radiologist</i>		
General	0.23	0.37
General	0.32	0.20
General	0.46	0.36
Skeletal	0.45	0.28
Skeletal	0.60	0.60

fractures (types 15 and 16).

With the AO system, each fracture was classified into 1 of 3 types (A, B and C) and each type was divided into 3 groups (1–3). Thus a fracture could be classified into one of 9 patterns (A1–C3). After 2 months, the same radiographs were presented in a different order and were classified again by the same observers.

Statistics

We used computer-calculated kappa statistics (PC-Agree 1.4 data program, Svanholm et al. 1989) to analyze interobserver reliability and intraobserver reproducibility. This analysis involves adjustment for agreement among observers with that occurring by chance. If all observers agree in all cases, the kappa value is +1. A kappa value of 0 indicates that the agreement is equal to that occurring by chance. Kappa values of less than 0.00 indicate poor agreement; 0.00–0.20 = slight agreement; 0.21–0.40 fair agreement; 0.41–0.60 = moderate agreement; 0.61–0.80 = substantial agreement; 0.81–1.00 = almost perfect agreement (Landis and Koch 1977). Since kappa also depends on the prevalence of the various categories used (Kraemer 1979), care should be used when comparing different kappa values.

Results

The mean kappa coefficient for pairwise agreement (interobserver reliability) with the Neer system was 0.42 in the first viewing and 0.43 in the second viewing. With the AO system, the kappa value was 0.31 in the first viewing and 0.26 in the second.

Intraobserver reproducibility ranged from 0.20–0.85 with Neer and 0.16–0.60 with AO. The individu-

al kappa values were in the same range in the orthopedic and the radiologist groups (Tables 1 and 2).

Discussion

Like Bernstein et al. (1996), we found that CT, together with plain radiographs, did not make fracture classification more consistent. There was a moderate agreement between the observers when using the Neer classification, but only a fair agreement with the AO classification.

Others have found that classification based on plain radiographs is extremely difficult, even for shoulder surgeons (Siebenrock and Gerber 1993, Sidor et al. 1993). It has been questioned if the classification systems are useful at all (Burstein 1993). Recently, Neer (1997) stated that even the most experienced surgeon occasionally is in doubt and has to make the final classification at surgery. It is therefore likely that the results of treatment of various categories of fractures reported in the literature may be inaccurate because of the difficulties of making a consistent classification (Cowell 1994).

Our hypothesis was that a better imaging technique would increase the reproducibility of fracture classification. CT is useful in patients where the degree of displacement of the greater and lesser tuberosity or rotation of fragments is difficult to determine on conventional radiographs (Kilcoyne et al. 1990, Billet et al. 1992). As the delineation of the fracture lines is better visualized by CT, the risk of avascular necrosis of the humeral head can better be estimated (Jurik and Albrechtsen 1994). However, the use of CT in our study did not improve the classification, when compared with previous studies using plain radiographs (Siebenrock and Gerber 1993, Sidor et al. 1993). Bernstein et al. (1996) found that CT, added to plain radiographs, increased intraobserver reliability slightly, but did not improve interobserver reproducibility.

Classification systems for fractures of the proximal femur (Frandsen et al. 1988, Andersen et al. 1990), distal radius (Kreder et al. 1996) and the ankle (Nielsen et al. 1990, Thomsen et al. 1991) have also shown a low degree of interobserver reliability. This can be due to a lack of diagnostic ability, but also to lack of ability to translate the image information into the classification patterns. The interpretation of visual information is difficult and varies between observers. Knowledge gained from training and experience in radiology improves the ability to interpret radiographs (Kinnunen et al. 1988, Bass and Chiles 1990). In our study, the observers most familiar with radiographs and treatment of shoulder fractures were more

pret images in particular ways. The conclusion that certain image features are indicative of one diagnostic category might make it more difficult to detect features of another diagnostic category (Haber 1966). Lesions of the same type as the lesion already found may then become more detectable, whereas lesions of a different type may become less detectable.

It seems obvious that problems in translating information in the radiographic image into an arbitrary classification system, make the evaluation of results of shoulder fracture treatment from several centers difficult to compare.

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