	Item No	Recommendation	Page No
Title and abstract	1	(<i>a</i>) Indicate the study's design with a commonly used term in the title or the abstract	lines 1-2
		(b) Provide in the abstract an informative and balanced summary of	lines 29-36
		what was done and what was found	11105 29-50
Introduction		what was usite and what was found	
Background/rationale	2	Explain the scientific background and rationale for the investigation	lines 43-57
	-	being reported	
Objectives	3	State specific objectives, including any prespecified hypotheses	lines58-60
Methods			
Study design	4	Present key elements of study design early in the paper	lines 63
Setting	5	Describe the setting, locations, and relevant dates, including periods	lines 63-83
		of recruitment, exposure, follow-up, and data collection	
Participants	6	(a) Cohort study—Give the eligibility criteria, and the sources and	lines 68-
		methods of selection of participants. Describe methods of follow-up	69, 84-90
		Case-control study—Give the eligibility criteria, and the sources and	
		methods of case ascertainment and control selection. Give the	
		rationale for the choice of cases and controls	
		Cross-sectional study—Give the eligibility criteria, and the sources	
		and methods of selection of participants	
		(b) Cohort study—For matched studies, give matching criteria and	
		number of exposed and unexposed	
		<i>Case-control study</i> —For matched studies, give matching criteria	
		and the number of controls per case	
Variables	7	Clearly define all outcomes, exposures, predictors, potential	
		confounders, and effect modifiers. Give diagnostic criteria, if	
		applicable	
Data sources/	8*	For each variable of interest, give sources of data and details of	
measurement	0	methods of assessment (measurement). Describe comparability of	
		assessment methods if there is more than one group	
Bias	9	Describe any efforts to address potential sources of bias	
Study size	10	Explain how the study size was arrived at	lines 63-68
Quantitative variables	11	Explain how quantitative variables were handled in the analyses. If	11105 05 00
Qualititative variables	11	applicable, describe which groupings were chosen and why	
Statistical methods	12	(<i>a</i>) Describe all statistical methods, including those used to control	lines 97-
Statistical methods	12	for confounding	100
		(b) Describe any methods used to examine subgroups and	100
		interactions	
		(c) Explain how missing data were addressed	
		(<i>d</i>) <i>Cohort study</i> —If applicable, explain how loss to follow-up was addressed	
		<i>Case-control study</i> —If applicable, explain how matching of cases	
		and controls was addressed	
		<i>Cross-sectional study</i> —If applicable, describe analytical methods	
		taking account of sampling strategy	

 (\underline{e}) Describe any sensitivity analyses

Continued on next page

Results			
Participants 13*		(a) Report numbers of individuals at each stage of study-eg numbers potentially	lines
		eligible, examined for eligibility, confirmed eligible, included in the study,	109,
		completing follow-up, and analysed	129
		(b) Give reasons for non-participation at each stage	
		(c) Consider use of a flow diagram	
Descriptive	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and	lines
data		information on exposures and potential confounders	
			119,
			125-
			126
		(b) Indicate number of participants with missing data for each variable of interest	
		(c) <i>Cohort study</i> —Summarise follow-up time (eg, average and total amount)	
Outcome data 15 ³	15*	Cohort study-Report numbers of outcome events or summary measures over time	
		Case-control study—Report numbers in each exposure category, or summary	
		measures of exposure	
		Cross-sectional study—Report numbers of outcome events or summary measures	
Main results 16	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and	
		their precision (eg, 95% confidence interval). Make clear which confounders were	
		adjusted for and why they were included	
		(b) Report category boundaries when continuous variables were categorized	
		(c) If relevant, consider translating estimates of relative risk into absolute risk for a	
		meaningful time period	
Other analyses 17	17	Report other analyses done-eg analyses of subgroups and interactions, and	lines
		sensitivity analyses	127-
			155
Discussion			
Key results	18	Summarise key results with reference to study objectives	line
			158
Limitations 19	19	Discuss limitations of the study, taking into account sources of potential bias or	lines
		imprecision. Discuss both direction and magnitude of any potential bias	158-
			159,
			206-
			215
Interpretation 20	20	Give a cautious overall interpretation of results considering objectives, limitations,	lines
		multiplicity of analyses, results from similar studies, and other relevant evidence	225-
			229
Generalisability	21	Discuss the generalisability (external validity) of the study results	
Other informat	ion		
Funding	22	Give the source of funding and the role of the funders for the present study and, if	lines
8		applicable, for the original study on which the present article is based	102-
			105

July the 5th 2023, Helsinki Kirsi-Maaria Nyrhinen *Give information separately for cases and controls in case-control studies and, if applicable, for exposed and unexposed groups in cohort and cross-sectional studies.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at http://www.plosmedicine.org/, Annals of Internal Medicine at http://www.annals.org/, and Epidemiology at http://www.epidem.com/). Information on the STROBE Initiative is available at www.strobe-statement.org.