

Supplementary data

Search strategy

Central

1. MeSH descriptor: [Wrist]
2. MeSH descriptor: [Wrist Injuries]
3. Wrist pain
4. MeSH descriptor: [scaphoid bone]
5. Lunate
6. capitate
7. hamate
8. pisiform*
9. trapezium
10. trapezoid
11. midcarpal joint
12. radiocarpal
13. distal radioulnar
14. DRUJ
15. distal radius
16. STT
17. triangular fibrocartilage complex
18. TFCC
19. #1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 or #13 or #14 or #15 or #16 or #17 or #18
20. MeSH descriptor: [Arthroscopy]
21. #19 and #10

MEDLINE

1. Wrist/
2. Wrist Injuries/
3. Wrist pain.tw
4. scaphoid bone/
5. Lunate.tw
6. Capitate.tw
7. Hamate.tw
8. pisiform*.tw
9. Trapezium.tw
10. Trapezoid.tw
11. midcarpal joint.tw
12. Radiocarpal.tw
13. distal radioulnar.tw
14. DRUJ.tw
15. distal radius.tw
16. scapho-trapezoidal.tw
17. STT.tw
18. Scapholunar.tw
19. triangular fibrocartilage complex.tw
20. TFCC.tw
21. Or/1-20
22. Arthroscopy/
23. Arthroscop*.ti,ab.
24. 22 or 23
25. 21 and 24
26. randomized controlled trial.pt.
27. controlled clinical trial.pt.
28. randomized.ab.
29. placebo.ab.
30. drug therapy.fs.

31. randomly.ab.
32. trial.ab.
33. groups.ab.
34. or/26-33
35. exp animals/ not humans.sh.
36. 34 not 35
37. 25 and 36

Embase

1. Wrist/
2. Wrist Injuries/
3. Wrist pain.tw
4. scaphoid bone/
5. Lunate.tw
6. Capitate.tw
7. Hamate.tw
8. pisiform*.tw
9. Trapezium.tw
10. Trapezoid.tw
11. midcarpal joint.tw
12. Radiocarpal.tw
13. distal radioulnar.tw
14. DRUJ.tw
15. distal radius.tw
16. scapho-trapezoidal.tw
17. STT.tw
18. Scapholunar.tw
19. triangular fibrocartilage complex.tw
20. TFCC.tw
21. Or/1-20
22. Arthroscopy/
23. Arthroscop*.ti,ab.
24. 22 or 23
25. 21 and 24
26. Clinical Trial/
27. Randomized Controlled Trial/
28. exp randomization/
29. Single Blind Procedure/
30. Double Blind Procedure/
31. Crossover Procedure/
32. Placebo/
33. Randomized controlled trial\$.tw.
34. Rct.tw.
35. random allocation.tw.
36. randomly allocated.tw.
37. allocated randomly.tw.
38. (allocated adj2 random).tw.
39. Single blind\$.tw.
40. Double blind\$.tw.
41. ((treble or triple) adj blind\$.ti.
42. placebo\$.tw.
43. prospective study/
44. or/26-43
45. 25 and 44